

SEVEN HIGHLIGHTS

The relatively flat landscape of Sandoy is ideal for bicycling and easy family friendly hikes. The region offers breath-taking cliffs, wonderful hiking trails, and many charming coastal villages.

Here you can experience large beaches, sand dunes and peaceful lakes ideal for angling. You can also enjoy local museums and cosy cafés.

Twenty minutes by ferry from the village of Sandur is the hidden gem of Skúvoy, where 400 meters high bird cliffs rise from the ocean, and a tranquil settlement is (almost) lost in time.

We have chosen seven highlights in the area that are worth a visit.

1



DRANGARNIR AND SÓLTUVÍK VIEWPOINT

- Outstanding nature and seal watching

On the unpaved road to Sólútvík, there is a hiking path which leads you to an outstanding viewpoint of 'Drangarnir' (Sea Stacks) and Sólútvík bay. The hike is easy, but may be wet in some areas, therefore, waterproof shoes are recommended. You can find a hiking sign on the left hand side of the road, and the path is marked by poles.

If you don't plan on hiking, you can follow the unpaved road further, until you reach the bay Sólútvík.

Sólútvík is a beautiful area with "málargrót" (water rolled stones) and dramatic cliffs. It is easy to reach by foot or by car from Sandur.

In Sólútvík there are historic traces of former habitations. It was used as a base and lookout post for the British army due to its panoramic viewpoint.

2



THE SAND DUNES OF SANDUR

- A rare natural gem

The sand dunes, commonly known as "Møltveggiar", are a unique natural feature in the Faroe Islands. Beyond the dunes is one of the best beaches in the whole country, where locals like to swim all year around. This is a playground for people of all ages. It is also home to rare insects and plants. The sand dunes are a protected conservation area due to their biodiversity and biological significance. We kindly ask that you walk on the designated paths.

Skúvoy is named after the large number of great skua birds on the island. As one of the few rat-free islands, it is home to abundant birdlife such as puffins, shearwaters and great skuas. Along the coastline, dramatic bird cliffs are rising from the sea. Visitors must respect the ecosystem by staying on marked routes when visiting Skúvoy.

According to Færeyinga Saga (Saga of the Feroese) it was the chieftain Sigmundur Brestisson (961-1005) who christened the Faroe Islands. His grave can be found in Ólansgarður just outside the village. The first church in the Faroe Islands was built by Sigmundur in Skúvoy around the year 1000. The current church is from 1937.

3



SKÚVOY

- Resting place of legendary Viking chieftain

STÓRA DÍMUN

The smallest inhabited island in the Faroes is only one square mile. A family of 10 people are currently living there (2022). The island can only be reached by helicopter from Tórshavn or Suðuroy, or by special boat tours, usually organized from Tórshavn and Suðuroy during the summer months.

Contact the tourist information for further inquiries.



4



LÍRABERG

- Sea stacks and mountain cliffs

At Lírabergr, you can see impressive mountain cliffs, abundant birdlife and sea stacks. Lírabergr is easily reachable by foot from the village of Skopun and marked by sign posts. On your way, you will walk through an area with cultivated outfields, lakes and a breathtaking view of the islands to the north. Hes-tur, Koltur, Vágar and Streymoy. Please respect private property, and do not walk beyond the point of the wayfinder poles without a local guide – both to ensure your safety and to minimize disturbance to wildlife.

The café is situated in beautiful surroundings close to the sea in Skálavík. Here you can enjoy a cup of coffee while observing the crashing waves from the east.

Originally a general store, four generations have run the family business in the cosy building. The interior design nods to the past decades of use and seeks to create a homely feeling. The café is an excellent stop for visitors looking for food or drinks.

In 2021 the family expanded the business and opened a brand new guesthouse 'Guesthouse Mølini', to accommodate the many visitors on the island.

5



CAFÉ Á MØLINI

- An atmospheric breck

CHURCH OF SANDUR

- Ancient history

The church in Sandur was inaugurated in 1839 and is the 6th church on the same site – each church has been built on top of the other. Many excavations have been conducted nearby, showing signs of some of the oldest and best preserved remains in the Faroe Islands. Some of the main findings are the remains of buildings from early Viking days, articles for everyday use and ornaments dating back to the 8th century.

In 1863, the sexton found a coin treasure in the old graveyard – one of its kind in the Faroes. The treasure consisted of 98 silver coins – even coins from as far away as the Middle East. The treasure can now be seen at the National Museum.

6



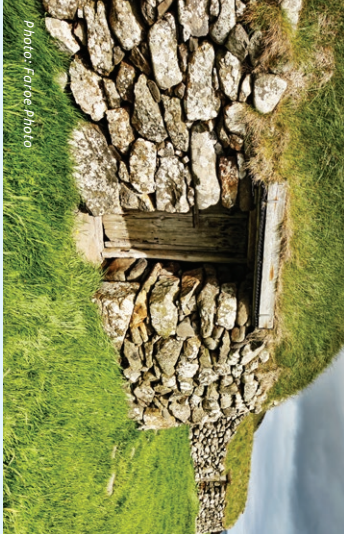
TUMBAKKI

- Mysterious and practical

Tumbaeki consists of ten stone turf sheds in the village of Húsavík. No one knows the exact age or story surrounding the buildings, but it is believed that, in the olden times, these houses might have been used for food storage. The turf sheds are an example of practical construction with several stone layers to the west, which happens to be the most common strong wind direction, and only a single layer of stone to the east.

The turf sheds can today be observed from the outside, as they are private property and still in use.

7



WHAT WHEN WHERE

VISIT WHATSON.FO TO SEE WHAT EVENTS ARE ON IN SUBURDY DURING YOUR STAY.

YOUR OFFICIAL GUIDE TO WHAT'S ON IN THE FAROE ISLANDS

What's On

MAP of SANDOY, SKÚVOY AND STÓRA DÍMUN

– yours to unfold

Visit Faroe Islands

INFORMATION CENTRE IN SANDOY

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E-MAIL: INFO@VISITSANDOY.FO

OPENING HOURS:
MON-FRI: 10:30 AM – 13:15 PM

visitsandoy.fo

Visit Sandoy

WELCOME TO THE SAND ISLAND

On Sandoy, time seems to move a bit slower, and there are plenty of characteristic cultural flavours. The unique sandy composition of the soil, which is where the name of the island likely derives from, is utilised for innovative and sustainable farming.

The sparsely populated region has enjoyed and endured the effects of relative isolation... Until now. The new subsea tunnel is replacing the 50-minute ferry trip and will inevitably change the island and move it closer to the centre of the Faroes.

The history of Sandoy stretches back to the 4th century – which is when the oldest settlements found in the Faroe Islands are from – and the climatic chapters of the Færeyinga Saga play out on Skúvoy island around year AD 1000.

Public transport around on the island is efficient and affordable. If you have the time to travel according to the pace of the timetables, you won't need to rent a car.

Timetable for the ferry and buses can be found here:

DRIVING

All major highways are paved. Many roads and tunnels leading to villages can be very narrow, so please choose a safe speed according to the conditions.

On the map you can see, which roads are one-lane roads. To keep traffic flowing, these roads have lay-bys (widened sections formed to one side as to leave the road free for others to pass).

These lay-bys are NOT to be used for parking.

PUBLIC TRANSPORT

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GUIDELINES

Following these simple yet essential guidelines will help to ensure an enjoyable and unforgettable journey in the Faroe Islands

- ▶ Stay on designated paths at all times
- ▶ It is customary to always keep your voice down when travelling in nature
- ▶ Always bring your rubbish with you
- ▶ Minimise disturbing sheep, wildlife and nature by walking on designated paths
- ▶ Keep up the tradition. Gather litter and loose wood on your journey
- ▶ Never build or take down ancient cairns
- ▶ They function as landmarks so you don't get lost
- ▶ Camping is only permitted at designated campsites
- ▶ Check weather forecasts to see if hiking is advisable
- ▶ Equip yourself for all types of weather
- ▶ Beware! It can be cold in the mountain
- ▶ Refrain from walking too close to cliffs
- ▶ no picture is worth dying for
- ▶ Always hike with others. It's recommended to hike with a local guide
- ▶ Notify someone where you plan to hike. It is advisable to leave your 'safe travel' leaflet
- ▶ Keep informed about seasonal farming and hunting activities



Visit Faroe Islands

SANDØY

